



Agenda:

- Welcome Letter from Bill Greenberg, Commissioner
- Numbers to Know
- World Ice Arena
- What to wear / Registration Requirements
- Sled Hockey Rules
- USA Hockey Waiver
- Photo Release
- Code of Conduct
- Caregiver Rules



New York Sled Rangers

New Player Orientation

Welcome to the New York Sled Rangers!

Thank you very much for your interest in playing with the WSF NY Sled Rangers.

At our first practice in 2012, one of our young players said, “Mom, I’m FINALLY on a team”. I just think that’s such a perfect encapsulation of the kind of experience we are providing. We all know what its like to be part of something bigger than ourselves, and here we are able to give that experience to kids that don’t often have that chance.

Being on a team and playing sports is something all kids enjoy. I know that when my son wheels into his classroom and he tells his able-bodied friends that he is a hockey player, it changes the way his friends look at him. And that changes the way that he looks at himself. We are increasing independence, self-esteem, and self-confidence, all through playing ice hockey.

Another thing the kids all say to me is that they like being with people like themselves. For us, being disabled is “normal” and the kids don’t feel self-conscious or have to explain “what’s wrong with them” or why they walk this way, or don’t walk at all. In such an environment, its easy for the kids to make friends with each other, and for the older kids to become role models for the younger ones.

And parents don’t have to worry about questions from other parents, or if their kid is being excluded, or stared at. Besides the emotional support from people in similar situations, we also share useful tips about orthotists, and wheelchairs and walkers, and other stuff.

We have a created a great community of kids and parents that we are all very proud of, and we welcome you wholeheartedly to it.

The rest of this document gives some pertinent information about things you will need to know. It also has some forms for you to fill out. Please sign and return those forms to me at your earliest convenience.

Most of all, please remember to have fun.

Go Rangers!

Bill



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A Little History

We began our team in the Summer of 2012 .

Virtually all had never skated before .

Our players have found us through word of mouth mostly .

Most of our players never had any idea that they could play competitive sports. Most parents had no idea that their children could play competitive sports.

We started with 8 kids and families; today we are more than 40 physically disabled youngsters aged 5-21.

We have a travel team for the most competitive athletes and goes further away to tournaments.

It is our goal to have at least 100 kids participate in this program.

We pay for 100% of the costs of the program; we get grants and private donations and host a bi-annual fundraiser.



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Numbers to Know

Your best source of information for contact information will be your TeamSnap account. From your account you can see all the other volunteers, and send them email from there as well. The coaches and managers from those teams will also be visible to you on TeamSnap. For ease of reference, their information is also shown here.

Coaches and Managers:

Bill Greenberg (Commissioner)	–	wgreenberg1@me.com
Roxanne Gaudiel (Head Coach)	–	rox@athletes-only.co
Elijah Wong (Coach / Manager)	–	wong.elijah@gmail.com

We may sometimes be lucky enough to have some members of the adult sled rangers also come and skate with us. The two main contacts for the adult team are here:

Larry Minei	–	larry.minei@gmail.com
Sara Tabor	–	tabor.sara@gmail.com



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World Ice Arena

We generally play at World Ice Arena in Flushing Meadows Park, at 131-04 Meridian Rd, Queens, NY 11368. Please see <http://www.worldice.com>

The skating rink at World Ice was literally built to accommodate sled hockey. There are two main things that rinks need to be fully compatible with sled hockey: 1) a “zero-edge” so that players can skate with their sled from the ice to the benches and, 2) plexiglass where the benches are so that players who are on the bench can see the action on the ice.

In general, our players do not use the bench areas, and will line up on the side of the ice between the red and blue lines, but at the Paralympic level, you will see the players skating from the ice to the bench area and behind the plexiglass.

Parking at World Ice is plentiful and accessible. There is a small parking lot right in front of the arena if you have a PPPD (parking permit for people with disabilities). There are only about 6 of these spaces, so it is not always possible to get one. If you can't get one, it is easy to continue on the road (in the same direction of the traffic of the small disabled lot) and then take your first right. This road will take you around and back towards the direction you came from, but will take you under the highway and there will be plenty of parking spaces there. It is usually very easy to find spaces near the rink in this location.

You should also have a disabled parking permit from New York City, in general. Please look at this website: <http://www.nyc.gov/html/dot/html/motorist/pppdinfo.shtml>.



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What to Wear?

Ice rinks are cold, so you should dress appropriately. Certainly long pants are required, and long sleeve shirt is recommended. Players that usually wear AFO's continue to wear them while playing. Those that wear KAFO's usually take them off and wear just AFO's.

Some kids like to wear glove liners in the cold weather, and some like to wear helmet liners too.

If you are going to be pushing a player, then you must have your own hockey skates (figure skates are not permitted) and a helmet. Most pushers find that hockey gloves are useful. Elbow pads are also recommended.

Parents and caregivers will find it best to closed toe shoes and, even better, heavy boots. You will be helping moving around sleds with ice skate blades on the bottom, hockey sticks with sharp ice picks on the end, all in a very crowded space. Your toes will certainly be stepped on and stuff will drop on them. You will be happy if your feet are well protected.

Equipment Care

You are responsible for bringing your equipment to and from the rink. Please take care of it. If you outgrow a piece of equipment, tell me and we can exchange it for something bigger. I generally do not bring extra pieces of equipment so if you forget something at home, it is unlikely that you will be able to play. Kids should be highly encouraged to carry their own gear.



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Registration

All players must be registered with USA Hockey. If you are not yet registered with USA Hockey, please do so. You must register as a Coach/Player; Go to www.usahockeyregistration.com to register with USA Hockey.

Next, it is also necessary to register directly with us. Go to <https://www.wsfledrangers.org/member-login.html#roster/>. Below where it says "Need an account?", click "Sign Up". On the next screen, you enter your name, your email address, and you create a password. Then hit submit. Your registration with the Sled Rangers needs to be approved by the Commissioner. You will receive an email once your registration request is approved.

Go back to <https://www.wsfledrangers.org/member-login.html#roster/> and log in with your credentials. Now you have full access to the team's website. Browse around. I think its pretty self-explanatory. Go to the link where it says "Player Profile". Here you can edit your information, but IMPORTANTLY, you should also enter your USA Hockey Number here. You will not be insured in case of an accident unless your USA Hockey number is input here.

Once this is completed, then you are all set. You will receive all team emails and you should be ready to go. Welcome to the Team!

Pusher Players

Some of our kids are either too young and not yet strong enough or too disabled to push themselves on the ice. In such cases, the sled is adapted with a pushbar on the back, like a stroller, and an able-bodied skater stands behind the sled and pushes.

We have found that as few opportunities that exist for physically disabled kids to play sports, there are even fewer for kids that need pushers. As a result, its been our experience that the pusher players love sled hockey more than anyone.

Being a pushed player is very fun. One of the advantages is that the skater behind is totally focused on getting the player to the puck and having the player hit and control the puck, which is the most thrilling part of playing hockey.

Nevertheless, pushed players are expected to not just sit there and get a free ride. They are encouraged to do what they can to help push, and to focus on developing their puck-handling skills to the fullest. We have seen some very excellent sled hockey players that are pushed players.



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We usually have lots of volunteers who are able to help push our players who need it, but we cannot guarantee this to be the case. If you have a parent or caregiver who is able to skate and can therefore always be there when your player needs to be pushed, this is ideal. We try our best, but sometimes we just don't have the resources.



Sled Hockey Rules

1. Puck Handling

- a. A goal will not be allowed when an attacking player throws, pushes or hits the puck with his hand directly into the goal. Neither will a goal be allowed if the puck touches a defender before going into the goal when the attacker has handled the puck with his hands or directly or indirectly propelled the puck forward or backward using his hands or legs
- b. Handling of the puck by a defender or intentionally passing the puck with the pick-end of the stick resulting in the puck going into the defender's own goal will be scored as a goal, as is a normal shot bouncing or deflecting off a defender or his playing/protective equipment.
- c. Cradling the puck with the thumb or forefingers along the ice, as long as part of the stick (usually the handle) is in contact with the puck, and the puck is not trapped or held down on the ice or against the stick, is permitted.
- d. The puck shall be considered "frozen" or unplayable by the referee if it is out of sight or stays under the sledge or is held there by the goalkeeper's sticks or gloves. The referee shall stop play and call for a face-off at the point of initiation of the disappearance (if in the neutral zone) or at the nearest face-off circle.
- e. A player caught in the attacking zone offside may purposely place himself back on-side by quickly exiting the zone without advancing towards or playing the puck, by crossing the blue line with both sledge blades, then re-entering the zone. Passes: The puck may be passed by a player to a team-mate anywhere in the rink provided no offside has occurred at the blue line.
- f. Icing the puck shall be called as soon as the entire puck crosses the end goal line, providing it does not pass through the goal crease
- g. A goal will not be allowed when an attaching player throws, pushes or hits the puck with his/her hand directly into the goal. Neither will a goal be allowed if the puck touches a defender before going into the goal when the attacker has handled the puck with his/her hands or directly or indirectly propelled the puck forward or backward using his/her hands or legs.
- h. Cradling the puck with the thumb or forefingers along the ice, as long as part of the stick (*usually the handle*) is in contact with the puck with the puck not trapped or held down on the ice or against the stick, is permitted.
- i. A *Minor Penalty* shall be imposed on any player except the goalkeeper who locks the puck against the ice with the fingers, hand, stick or sled to keep an opponent from getting the puck.
- j. The puck shall be considered frozen or unplayable by the Referee if it is out of sight or stays under the sled or is held there by the sticks or gloves. The Referee shall stop play and call

for a face-off as in a last play face-off. Puck into player bench area must be sent back into play without providing advantage to either team. If advantage is detected, the Referee will call for face-off at center ice.

2. Stick Handling

- a. Handling of the puck by a defender or intentionally passing puck with the pick end of the stick resulting in the puck going into the defender's own goal, will be scored as a goal. A normal shot bouncing or deflecting off a defender on his/her playing /protective equipment will also be scored as a goal.
- b. When any player of the defending team, including the goalkeeper, deliberately throws his/her stick or any part thereof or any other object at the puck or puck carrier in the defending zone, the Referee shall allow the play to be completed. If a goal is NOT scored, *a penalty shot shall be awarded.*
- c. A *Major Penalty* shall be assessed any player who deliberately throws his/her stick or any part thereof, or any other object at the puck or puck carrier in any zone, except when such act has been penalized by the awarding of a penalty shot or goal.
- d. A *Major Penalty* shall be imposed on any player who makes contact with an opponent with a high stick, the pick end of the stick or goalie's equipment that draws blood (*whether intentional or not*).
- e. A *Misconduct Penalty* shall be assessed to a player who deliberately throws a stick or any part thereof or any object outside the playing area. A *Match Penalty* shall be imposed on any player who deliberately throws a stick or any part thereof or any object at a Game Official (*Rule 601g1*).
- f. A *Minor Penalty* shall be imposed on any player who uses a stick of non-conforming size.
 - i. *The depth of the TEETH on the "pick-ends" shall NOT extend more than 4mm. A set of "pick-ends" must be fixed to the lower or butt end on each side of the stick, and have at least a total of 6 teeth of equal length per stick (a minimum of 3 each side). The "pick ends" may be made of any strong material, including steel, and the entire length of the "body" of the pick may not be longer than 10.2cm (4 inches). The "pick-ends" shall not extend more than 1cm beyond the butt end of the stick. The "pick-end" may be beveled but not extend beyond 1cm at any angle.*
 - ii. *Pick minimum width – 3.2cm.*
 - iii. ***Sled Goalie's Sticks***
 - iv. *Sticks shall be made of wood or other material, such as aluminum, fiberglass or plastic. It must not have any projections and all edges must be beveled. Adhesive non-fluorescent tape of any color may be wrapped around the stick at any place.*
 - v. ***Dimensions: Maximum length – 100cm measured along the centre line***
 - vi. *Minimum width – 2cm*
 - vii. *Minimum thickness – 2.8cm*

viii. **Blade:**

- ix. Minimum length – 30cm
 - x. Maximum length – 38cm from the heel to the toe
 - xi. Maximum width – 9cm
 - xii. The Goalie's stick blade may be curved, and the curvature shall be restricted in such a way that the distance of a perpendicular line, measured from a straight line drawn from any point at the heel to the end of the blade, shall not exceed 1.5cm. The Goalie's stick may have an additional pick at the base of the blade not exceeding 1cm, set at 90 degrees at the butt end of the stick to facilitate movement back and forth in the goal (i.e. push or pull).
- g. A *Minor Penalty* shall be imposed on any player who uses the stick or sticks to cross check or to push an opponent
 - h. A *Minor Penalty* shall be imposed on any player who carries the lower pick end of the stick above shoulder height when in close proximity of opponent.
 - i. A *Minor Penalty* shall be imposed on any player who shoots the puck with the pick end of the stick.
 - j. A *Minor Penalty* shall be imposed on any player who carries any part of the stick above shoulder height in close proximity to the opponent.

3. Physical Contact

- a. A *Minor and a Misconduct or a Major plus a Game Misconduct (Rule 607)* shall be imposed on any player for crosschecking, intentional sled ramming, body checking from behind, or deliberately pushing an opposing player from behind with a stick. A *Match Penalty* may be added at the discretion of the Referee.
- b. A *Minor Penalty* shall be imposed on any player who turns up the under part of the sled towards an opponent or exposes a sled blade and collides with another player.
- c. A *Minor or Major Penalty* shall be imposed on any player who runs into an opponent at an angle of 90 degrees (*broadside*), or deliberately charges with the front of the sled forward from a head on position (*ramming/charging*).

4. Game Play

- a. If a team is withdrawn from the ice and fails to return and start play, or if being on the ice, fails to start play within TWO MINUTES after being ordered to do so by the Referee, the game or series shall be suspended, and the game awarded to the non-offending team by the Referee a *Match Penalty* shall be imposed on the coach. (*Rule 632a*) The score



recorded will be officially announced at 1 to 0 by default, in favor of the non-offending team. The start of the two-minute warning shall be announced over the public address system, on the instruction of the Referee.

- b. If a team is withdrawn from the ice or fails to go on the ice, or being on the ice fails to start play a SECOND TIME within the same game after being ordered to do so by the Referee, the two minute allowance shall not be granted and the game or series shall be suspended, as in rule 4(a). A *Match Penalty* shall be imposed on the coach.
- c. If a team fails to present itself at the time and place appointed to play the game, the game shall be awarded to the opposing team, unless such failure is caused by an unavoidable accident or an unforeseen contingency. The official score will be recorded and announced as 1 to 0 for the non-offending team. If both team fail to appear, the game will be recorded as a 0 to 0 tie.
- d. A player or team official who refuses to leave the bench or playing area after he/she has been assessed a *Game Misconduct* penalty or a *Match Penalty* and *may be suspended for one year or more* from the date of the infraction.
- e. A *Minor Penalty* against the bench shall be assessed to a team when any player not in the game or any team official bangs the boards or the glass with a stick or any other object in protest of an official's ruling.
- f. When a player on the ice commits the infraction described in Rule 4(e), he/she shall be assessed a *Minor Penalty* for unsportsmanlike conduct.
- g. Players "taking the face off" shall place the blades of their sticks parallel and opposite to each other, with the bottom or heel of each of the blades flat on the ice and entirely clear of the spot where the puck is to be dropped. All other players, excluding the goalkeepers, must position themselves at least 15 feet from the face-off spot on their own side of the restraining lines (*hash marks*) which are 3 feet apart on the outer edge of the circles, or likewise, if the face-off is occurring mid ice. If a violation of this rule occurs, the Referee or Linesman shall order another face-off, unless the NON-OFFENDING team wins the draw.
- h. Players may pass the puck to a teammate anywhere in the rink provided no offside has occurred at the blue line.
- i. All players must wear a neck guard unless prevented from doing so for physical reasons.
- j. Coaches shall not be standing on the ice surface while the game is in progress, they shall remain on the players bench. Only coaches/pushers wearing skates and helmet are allowed on the ice during games. A *Minor Penalty* shall be imposed for violation of this rule.
- k. Players maybe "borrowed" from a team not playing. The next time a player needs to be "borrowed" a different player must be chosen.
- l. Length of game shall be three (3) fifteen-minute stop time periods.



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- m. Length of penalties:
 - i. Minor -- 2 minute;
 - ii. Major -- 5 minute;
 - iii. Misconduct -- 10 minute
- n. All other USA Hockey rules shall apply.
- o. Teams shall provide a minimum of 1hour 15 minute ice slot for games.
- p. Pushers/coaches/referees are permitted to help a player get up that cannot get up on their own during game play. However, the player or the pusher cannot intentionally or unintentionally affect the game. If an obstruction of the game occurs intentionally a minor penalty will apply. If an obstruction of the game occurs unintentionally the referee must stop play and the ensuing face off shall take place at the nearest neutral zone face off spot.

5. Fragile Players

- a. Players with specially marked helmets (*sprayed fluorescent orange*), different colored jerseys or pinnies are considered fragile and must play a forward position.
- b. Opposing players and/or players with specially marked helmets initiating contact will be issued a *Minor or Major Penalty* at the discretion of the Referee.
- c. No player with a specially marked helmet may take a faceoff.
- d. Fragile players must not purposefully make contact with opposing player in order to draw penalty.

6. Pusher Players

- a. The role of the pusher is to propel the player who has limited mobility (*or other disability which prevents him/herself from participating in play i.e.: blindness, etc.*) and cannot propel him or herself.
- b. The pusher must keep the players safety in mind at all times, and out of harm's way, i.e. away from rough play, not to use the player as a screen, etc.
- c. Pushers may not pull the pushed player backwards unless the pushed player is in harms way.
- d. Pushers cannot push their player faster than the average player on the ice. A *Minor Penalty* will be assessed for a speed violation.
- e. Pushers may not catch the opposing team's puck carrier from behind.
- f. Pushers cannot intentionally use their skates or any other body part to block, deflect, or advance a puck.

- g. Pushers cannot use themselves to set up a screen.
- h. Pushers cannot advance the puck with the front part of the sled.
- i. Pushers cannot intentionally trap the puck beneath the pushed players sled and the ice in an attempt to advance the puck.
- j. The pusher can push the player anywhere on the ice, but cannot camp in front of the goal crease. There is a four (4) foot radius, stretching out from the goalie crease, which the pusher may push the player into, for no longer then four (4) seconds. This applies to both ends of the ice. This rule gives the pushed player a reasonable chance to get a shot on net.
- k. The pusher cannot dominate or intimidate opposing players.
- l. Pushers must keep a minimum of one blade of the pushed player's sled on the ice at all times.
- m. Pushers may not lift up the front of the sled or lift up the back of the sled off the ice.
- n. Pushers may not jump for any reason. The pusher's skates must remain on the ice at all times.
- o. Pushers may not use a hockey stick to push.
- p. Pushers may not coach/communicate with any other players on the ice while pushing. They are there to simply push their player.
- q. Pushers may not line up during a face-off in their defensive zone anywhere in the shaded area.
- r. A pusher/pushed player may not be check or be checked, though light body contact is allowed.
- s. For an infraction of the above pusher rules the referee must stop play and the ensuing face off shall take place at the nearest neutral zone face off spot.
- t. There can be a maximum of 3 pusher players on the ice for one team at a time.
- u. All pushers will be registered with USA Hockey as a player or a volunteer

7. Able-Bodied Players

- a. Each team can have a maximum of 3 able-bodied players
- b. There can be a maximum of 2 able-bodied players on the ice at one time for each team.
- c. Each able-bodied player must be the younger sibling or relative of a disabled player
- d. The maximum age of the able-bodied player is 14. No waivers will be permitted.
- e. Able-bodied players must not be the decisive factor in any game



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- f. Able-bodied players are permitted to score a maximum of 1 goal per game with no limit on the number of assists.
- g. Able-bodied players are not permitted to play goalie.

8. Eligibility

- a. All players must be younger than 21 years of age, as of December 31 in the year that the season begins, unless given a waiver by all the coaches in the league.
- b. All players and coaches are required to be registered with USA Hockey.
- c. No USA Paralympic National Team member may participate in league play or playoffs.



Waiver of Liability, Release Assumption of Risk & Indemnity Agreement

It is the purpose of this agreement to exempt, waive and relieve releasees from liability for personal injury, property damage, and wrongful death, including if caused by negligence, including the negligence, if any, of releasees. "Releasees" include USA Hockey, Inc., its affiliate associations, local associations, member teams, event hosts, other participants, coaches, officials, sponsors, advertisers, and each of them, their officers, directors, agents and employees. For and in consideration of the undersigned participant's registration with USA Hockey, Inc., its affiliates, local associations and member teams (all referred to together as USAH) and being allowed to participate in USAH events and member team activities, participant (and the parent(s) or legal guardian(s) of participant, if applicable) waive, release and relinquish any and all claims for liability and cause(s) of action, including for personal injury, property damage or wrongful death occurring to participant, arising out of participation in USAH events, member team activities, the sport of ice hockey, and/or activities incidental thereto, whenever or however they occur and for such period said activities may continue, and by this agreement any such claims, rights, and causes of action that participant (and participant's parent(s) or legal guardian(s), if applicable) may have are hereby waived, released and relinquished, and participant (and parent(s)/guardian(s), if applicable) does(do) so on behalf of my/our and participant's heirs, executors, administrators and assigns.

Participant (and participant's parent(s)/guardian(s), if applicable) acknowledge, understand and assume all risks relating to ice hockey and any member team activities, and understand that ice hockey and member team activities involve risks to participant's person including bodily injury, partial or total disability, paralysis and death, and damages which may arise therefrom and that I/we have full knowledge of said risks. These risks and dangers may be caused by the negligence of the participant or the negligence of others, including the "releasees" identified above. These risks and dangers include, but are not limited to, those arising from participating with bigger, faster and stronger participants, and these risks and dangers will increase if participant participates in ice hockey and member team activities in an age group above that which participant would normally participate in. I/We further acknowledge that there may be risks and dangers not known to us or not reasonably foreseeable at this time. Participant (and participant's parent(s)/guardian(s), if applicable) acknowledge, understand and agree that all of the risks and dangers described throughout this agreement, including those caused by the negligence of participant and/or others, are included within the waiver, release and relinquishment described in the preceding paragraph. I/We agree to abide by and be bound under the rules of USA Hockey, including the By-Laws of the corporation and the arbitration clause provisions, as currently published. Copies are available to USA Hockey members upon written request.

Participant (and participant's parent(s)/guardian(s), if applicable) acknowledge, understand and



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assume the risks, if any, arising from the conditions and use of ice hockey rinks and related premises and acknowledge and understand that included within the scope of this waiver and release is any cause of action (including any cause of action based on negligence) arising from the performance, or failure to perform, maintenance, inspection, supervision or control of said areas and for the failure to warn of dangerous conditions existing at said rinks, for negligent selection of certain releasees, or negligent supervision or instruction by releasees. As further consideration for registration and participation in USAH events and member team activities, participant (and the parent(s) or legal guardian(s) of participant, if applicable), hereby (1) consents and agrees that USAH, its licensees and designees may make video and/or audio recordings of and/or otherwise film, photograph or memorialize some or all of participant's participation in such events and activities, and (2) grants to USAH, its licensees, designees, successors and assigns, a worldwide, perpetual, irrevocable, fully-paid, royalty-free, transferable and sublicenseable right and license to use, copy and disseminate participant's image and personal attributes, and to modify and present same in any form, manner and media, now known or hereafter devised, for any purpose whatsoever.

If the law in any controlling jurisdiction renders any part of this agreement unenforceable, the remainder of this agreement shall nevertheless remain enforceable to the full extent, if any, allowed by controlling law. This agreement affects your legal rights, and you may wish to consult an attorney concerning this agreement. Participant (and participant's parent(s)/guardian(s), if applicable) agree if any claim for participant's personal injury or wrongful death is commenced against releasees, he/she shall defend, indemnify and save harmless releasees from any and all claims or causes of action by whomever or wherever made or presented for participant's personal injuries, property damage or wrongful death. Participant (and participant's parent(s)/guardian(s), if applicable) acknowledge that they have been provided and have read the above paragraphs and have not relied upon any representations of releasees, that they are fully advised of the potential dangers of ice hockey and understand these waivers and releases are necessary to allow amateur ice hockey to exist in its present form. Significant exclusions may apply to USA Hockey's insurance policies, which could affect any coverage. For example, there is no liability coverage for claims of one player against another player. Read your brochure carefully and, if you have any questions, contact USA Hockey or a District Risk Manager.

Name: _____ Birth Date: _____

Street Address: _____

Parent or Guardian: _____

Standard Photo and Video Release Form for Minor Children



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I hereby authorize the Wheelchair Sports Federation to publish the photographs and videos taken of me and/or the undersigned minor children, and our names, for use in the Wheelchair Sports Federation's printed publications, website, fundraising events, and training purposes.

I release the Wheelchair Sports Federation from any expectation of confidentiality for the undersigned minor children and myself and attest that I am the parent or legal guardian of the children listed below and that I have the authority to authorize the Wheelchair Sports Federation to use their photographs, videos, and names.

I acknowledge that since participation in publications and websites produced by the Wheelchair Sports Federation is voluntary, neither the minor children nor I will receive financial compensation.

I further agree that participation in any publication and website produced by the Wheelchair Sports Federation confers no rights of ownership whatsoever. I release the Wheelchair Sports Federation, its contractors and its employees from liability for any claims by me or any third party in connection with my participation or the participation of the undersigned minor children.

Signature: _____ Date: _____

Street Address: _____

City, State, Zip: _____

Names and Ages of Minor Children:

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

Name: _____ Age: _____

Parental / Guardian NYSRSHL Code of Conduct Pledge



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The New York Sled Ranger hockey league (NYSRHL) was created to promote competition and good sportsmanship at the youth level for physically disabled children wanting to play the game of ice hockey.

It is expected that players, and parents, will conduct themselves with the principles of good sportsmanship and respect for others.

The following policy has been adopted by the NYSRHL and all players and parents are subject to its terms.

All parents, players, and spectators will conduct themselves in an orderly, sportsmanlike, and professional manner when attending a NYSRHL league or non-league game. Any report of disorderly conduct in the rink, parking lot, etc, will not be tolerated. Other objectionable behavior includes, but is not limited to, the following:

1. Physical abuse of referees, coaches, managers, or rink employees,
2. Verbal abuse of the above participants,
3. Fighting among parents or spectators in the stands,
4. Any problem with crowd control that results in the summoning of police,
5. Any issues that are not covered above that result in loss of control by a parent, player, or spectator.

Players, parents, and spectators can be suspended for non-compliance with this policy. Suspension means that the player, parent, or spectator cannot attend any future game until reinstated.

Please indicate your acceptance of this policy by checking the boxes and signing your name on the next page. If the player is over 18, then the player should sign on his or her own behalf.

Parental / Guardian NYSRSHL Code of Conduct Pledge



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- ☐ We will show respect and support for coaches and officials – prior, during, and after the game.
- ☐ We will ensure that our child behaves in a sportsmanlike manner
- ☐ We will demonstrate respect and support for all players and families, including opponents' – prior, during, and after the game
- ☐ We will be mindful of the need for player development over the need to win
- ☐ We will ensure that our child not use performance-enhancing drugs
- ☐ We will refrain from coaching or instructing any players during a game or practice unless I am their official coach.
- ☐ We will abide by the rulings of the officials, coaches, and league administrators – prior, during, and after the game.
- ☐ We will demand and demonstrate a healthy sports environment by refraining from alcohol and tobacco during all sporting events.
- ☐ We will follow the instructions of the coaches and managers; We will not go on the ice, unless invited, and we will not loiter in the bench area except to get our player on and off the ice.
- ☐ I have read and understand the above, and pledge to follow the code and the policy regarding acceptable behavior. I will accept and support any league sanctions imposed to foster a sportsmanlike atmosphere on behalf of myself, my family, my player, and any spectators that are associated with my family.

Signed:

_____ (Parent/Guardian)

Date: _____

NYSRSHL Caregiver Rules



New York Sled Rangers

New Player Orientation

The New York Sled Ranger hockey league (NYSRHL) was created to promote competition and good sportsmanship at the youth level for physically disabled children wanting to play the game of ice hockey.

It is expected that parents and caregivers will abide by the following set of rules. This will help to ensure that your athlete has the most positive sled hockey experience that we can provide.

1. Please be prompt. We generally ask that you arrive 60 minutes before our ice time begins. This will allow your player to have enough time to get dressed, use the bathroom, and get into their sleds to make full use of the ice time. Ice time is expensive. Please be ready when its our time to get on.
2. Players, Coaches, and Pushers/Volunteers are only permitted to be on the ice during games and practice times.
3. Parents, caregivers, and guests are requested to help players on and off the ice only, and may not enter onto the ice due to rink rules and liability.
4. During games and practices, we respectfully request the players' bench areas to remain clear. Parents, caregivers, and guests will need to stay in spectator marked areas.
5. Parents and caregivers should provide a water bottle appropriate for on-ice use, and clearly marked with the player's name (e.g. long flexible straw).
6. Keep all gear clean and dry.
7. Parents and caregivers should familiarize themselves with the rules and gameplay of sled hockey. It is a good idea to help reinforce this with your child off the ice at home.
8. Coaches will email and use TeamSnap to communicate with parents, caregivers, and players on a regular basis. Please review these communications with your child.